



# Making digital health tools locally acceptable

In operation and supported by Irish Aid since 2017, the Access to Infant and Maternal Health Plus Project (AIM Health Plus) addresses the leading causes of maternal and neonatal mortality and improves young child survival and nutritional status across four countries in Africa. Over the past several years, AIM Health Plus in Tanzania has included a digital health component to support community health worker (CHW) programming in Bahi and Chemba districts of the Dodoma region.

This digital health project provides CHWs with smartphones equipped with a tailored CommCare app to use during their home visits. These digital tools support CHWs who are using the Timed and Targeted Counselling (ttC) approach to promote positive health and nutrition behaviour change among pregnant women and mothers or caregivers of children under 2. The app reminds CHWs to visit homes at the ideal time during pregnancy, infancy and childhood. It also supports CHWs as they conduct counselling sessions, including enabling them to submit community health data to the project's secure cloud-based repository. This near real-time data that CHWs gather is then shared with the Ministry of Health and is used for managing CHW efforts, planning how to improve the programme and making longer-term strategic decisions. The app also includes local language audio clips to boost comprehension and understanding among CHWs and their clients.

The CommCare app aims to improve the efficiency of CHW work by helping them to reach more clients in a timely manner. The app also helps improve the effectiveness of behaviour change counselling that CHWs offer women and caregivers of children under 2 by guiding them on how to structure their visits and offering relevant audio clips to reinforce key messages. Finally, the app helps strengthen the health system by improving utilisation of community-level data. Recently, the AIM Health Plus team started using Power BI to produce data visualisations that make it easier to gain key insights.





From October 2020 through September 2021, the AIM Health Plus project team trained 40 new CHW users (28 in Mundemu and 12 in Sanzawa area programmes). Now all 215 available CHWs in the project areas are using smartphones equipped with the CommCare app. The AIM Health Plus team also continued to support the expanded CHW workforce by providing key equipment including smartphones, desktop computers and power supply tools.

As the AIM Health Plus project completes its final year, Tanzania and the other AIM Health Plus country teams are taking steps to ensure a smooth handover of this system strengthening effort. The hope is for government counterparts and CHWs to continue to leverage the value of digital health well into the future.









# interoperability or integration

with national health information system:<sup>‡</sup>

# **Established**







Strategic imperative:\*\*

# **Deepen our** commitment

to the most vulnerable girls and boys



#### WHO HEALTH SYSTEM CHALLENGES<sup>††</sup> ADDRESSED

Information	Availability	Quality	Acceptability
Communication roadblocks Delayed reporting of events Insufficient utilisation of data and information  Lack of access to information or data Lack of quality/reliable data	<ul> <li>Insufficient supply of equipment</li> <li>Insufficient supply of services</li> </ul>	■ Inadequate supportive supervision ■ Insufficient health worker competence ■ Low quality of health commodities ■ Poor adherence to guidelines ■ Poor patient experience	<ul> <li>Lack of alignment with local norms</li> <li>Not addressing individual beliefs and practices</li> </ul>
Utilisation	Efficiency	Cost	Accountability
Geographic inaccessibility     Loss to follow-up     Low adherence to treatments     Low demand for services	<ul> <li>Delayed provision of care</li> <li>Inadequate access to transportation</li> <li>Inadequate workflow management</li> <li>Lack of or inappropriate referrals</li> <li>Poor planning and coordination</li> </ul>	Client-side expenses High cost of manual processes Lack of coordinated payer mechanism Lack of effective resource allocation	Absence of community feedback mechanism     Inadequate understanding of beneficiary populations     Insufficient patient engagement     Lack of transparency in commodity transactions     Poor accountability between the levels of the health sector     Unaware of service entitlement

### WHO DIGITAL HEALTH INTERVENTIONS\*\* USED

Clients	Healthcare providers	Health system managers	Data services
■ 1.1 Targeted client communication	<ul> <li>2.1 Client identification and registration</li> <li>2.2 Client health records</li> <li>2.6 Referral coordination</li> <li>2.7 Health worker activity planning and scheduling</li> </ul>	<ul> <li>3.6 Equipment and asset management</li> <li>3.7 Facility management</li> </ul>	<ul> <li>4.1 Data collection, management, and use</li> <li>4.2 Data coding</li> <li>4.3 Location mapping</li> <li>4.4 Data exchange and interoperability</li> </ul>

# WHO HEALTH FOCUS AREAS

- Adolescent and youth health
- Civil registration and vital statistics
- Cross cutting
- Infectious diseases (non-vector borne)
- Maternal health
- Newborn and child health
- Nutrition and metabolic disorders
- Sexual and reproductive health
- Vector-borne diseases (not listed under neglected tropical diseases)
- Violence
- Water, sanitation and hygiene (WASH)

# PROJECT MODELS AND APPROACHES# USED

#### CORE

- Community Health Committees (COMM)
   Community Health Workers (CHW)

#### **ENABLING**

Citizen Voice and Action (CVA)

# **DIGITAL TOOLS AND TECHNOLOGY PARTNERS**

#### **DIGITAL TOOLS**

- CommCareOpen Data Kit (ODK)
- Power Bl

#### **TECHNOLOGY PARTNER**

Dimagi

- MOBILE NETWORK OPERATORS
- Halotel

# STAKEHOLDERS

#### DOMESTIC GOVERNMENT PARTNER

Ministry of Health and Social Welfare

#### NON-PROFIT AND NON-GOVERNMENTAL ORGANISATION **PARTNER**

 Community Empowerment for Sustainable Development Tanzania (CESuDe-T)

# WORLD VISION PARTNER

World Vision Ireland

## **FUNDING PARTNER**

Irish Aid (Government of Ireland)

#### **PROJECT CONTACTS**

#### PROGRAMME MANAGEMENT

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For more information: https://www.wvi.org/digital-health



All information refers to the period October 2020–September 2021.

<sup>†</sup>World Health Organization (WHO) project stages and health focus areas are taken from the WHO <u>Digital Health Atla</u>

<sup>&</sup>lt;sup>‡</sup>The integration/interoperability categories are taken from the <u>Health Information</u>

<sup>&</sup>lt;sup>§</sup> Star ratings range from 1: Not yet considered to 5: Intended and designed for scale-up. \*\* Strategic imperatives are key elements of World Vision's <u>Our Promise strategy</u>.

<sup>\*\*</sup> WHO health system challenge categories and digital health intervention categories are taken from the WHO <u>Classification of Digital Health Interventions</u>.

\*\* These classifications have been defined organisation-wide by World Vision.